

CRISIS NUMBERS

VETERANS CRISIS LINE (24/7)

Dial 988, then press 1
Text 838255

EMERGENCY SERVICES

Dial 911

THE UTICA CENTER FOR DEVELOPMENT, INC.

(24/7 Emergency After-Hours)
Dial 315-601-4662

MOBILE CRISIS ASSESSMENT TEAM (MCAT)

Dial 315-732-6228

NATIONAL CALL CENTER FOR HOMELESS VETERANS (24/7)

Dial 877-424-3838 and Press 1

WAR VET CALL CENTER (24/7)

Dial 877-927-8387

WOMEN VETERANS CALL CENTER

Dial 855-VA-Women (855-829-6636)
Monday-Friday 8am-10pm
Saturday 9am-6:30pm

CAREGIVER SUPPORT

Dial 855-260-3274

Oneida County

(Mental Health
Department & Veterans'
Services Agency)

GRANTEE OF THE
SSG FOX SPGP

The Neighborhood
Center, Inc.

LEAD SERVICE
AGENCY

The Utica Center For
Development, Inc.

COLLABORATIVE
PARTNER



ANTHONY J. PICENTE JR.
COUNTY EXECUTIVE



This program was funded by a grant from the United States Department of Veterans Affairs. The opinions, findings, and conclusions stated herein are those of the authors and do not necessarily reflect those of the United States Department of Veterans Affairs.

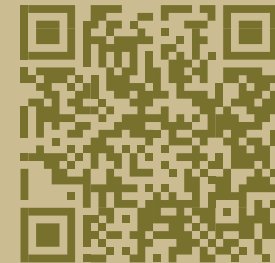


Staff Sergeant Parker Gordon

FOX

Suicide Prevention
Grant Program

WEBSITE



315.601.4662

ACE METHOD

The ACE acronym summarizes the steps needed to take an active and valuable role in suicide prevention.

Ask

Be direct, and don't hesitate to ask "Are you thinking about killing yourself?"

Care

Show that you care about what the person is saying, you care about him or her, and you are passing no judgment. You won't be able to solve every problem in that moment, but you may help get past this dangerous episode.

Escort

Take the person to get help from a trained professional, an emergency room at a hospital, a pastor or counselor. If you or someone you know is thinking about suicide, call a crisis number listed in this brochure. If the person is suicidal, do not leave him or her alone and remove access to any lethal means!

SSG FOX SPGP SERVICES

- ◇ *Peer Support*
- ◇ *Case Management*
- ◇ *Education on suicide risk and prevention to families and communities*
- ◇ *Assistance and coordination with obtaining VA and non-VA benefits*
- ◇ *Other services necessary for improving the mental health status and wellbeing and reducing the suicide risk of eligible individuals and their families. Services may include needs relating to health care services, daily living services, personal financial planning and counseling, temporary income support services, fiduciary and representative payee services, legal services, and childcare.*

WHO WAS STAFF SERGEANT PARKER GORDON FOX?

The Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program (SSG Fox SPGP) honors Veteran Parker Gordon Fox, who joined the Army in 2014 and was a sniper instructor at the U.S. Army Infantry School at Ft. Benning, GA. SSG Fox died by suicide on July 21, 2020, and was known for a life of generosity and kindness to others in need. SSG Fox is described by his loved ones as always helping others, being a "jokester" and having a beautiful soul.

Tell people it's okay to

GET HELP.

- Staff Sergeant Parker Gordon Fox



Photographic permission has been granted to the County of Oneida by the Fox Family