



Oneida County Office for the Aging
Nutrition Program for the Elderly



APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Ground Beef and Mushroom Stroganoff Over Rotini Sliced Carrots Wheat Bread Diced Peaches	2 Sliced Pork w/Gravy Sweet Potatoes Cauliflower Fancy Dinner Roll Apple	3 Spaghetti and Meatballs Italian Blend Vegetables Wheat Bread Yellow Cake with Topping*	4 Oven Brown Fish Oven Brownd Potatoes Beets Wheat Bread Cookie*
7 Beef Patty au Jus Rice Pilaf Broccoli Wheat Bread Mandarin Oranges	8 BBQ Chicken Cheesy Mashed Potatoes Brussels Sprouts Wheat Bread Fruit Cup	9 Cream of Broccoli Soup Carrots Peanut Butter and Jelly Sandwich Wheat Bread Warm Cinnamon Pears	10 Lasagna Roll up With Meat Sauce Italian Green Beans Wheat Bread Butterscotch Pudding *	11 Strata With Spinach Home Fries Seasoned Greens Peaches
14 Salisbury Steak with Gravy Mashed Potatoes Carrots Wheat Bread Pineapple Tidbits	15 Orange Glazed Chicken Rice Pilaf Peas and Carrots Wheat Bread Chocolate Chip Cookie*	16 Chicken Riggies Cauliflower Wheat Bread Apple Sauce	17 <u>EASTER DINNER</u> Baked Sliced Ham w/ Pineapple Sauce Sweet Potatoes Broccoli Florets W. W. Dinner Roll Chocolate Cake with Topping*	18 Oven Brown Fish Au Gratin Potatoes Waxed Beans Wheat Bread Vanilla Pudding*
21 Sweet n Sour Meatballs Brown Rice Green Beans Wheat Bread Peaches	22 White Chicken Chili Capri Blend Vegetables Wheat Bread Warm Cinnamon Apples	23 Sliced Turkey With Gravy Sweet Potatoes Mixed Vegetables Wheat Bread Mandarin Oranges	24 Kielbasa w/Mustard Red Bliss Potatoes Cabbage & Carrots Wheat Bread Mandarin Oranges	25 Meatloaf with Gravy Mashed Potatoes Brussel Sprouts Wheat Bread Pears
28 Chicken Noodle Casserole Beets Wheat Bread Pineapple Tidbits	29 Red Pepper and Cheese Quiche Oven Brown Potatoes Seasoned Greens Blueberry Muffin	30 Beef Stew Spring Blend Vegetables Warm Biscuit Chocolate Pudding *		

