



**Oneida County Office for the Aging
Nutrition Program for the Elderly**



MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Roasted Chicken Vegetable Soup Carrots Wheat Bread Yogurt w/Fruit	2 Rib B Que Baked Beans Mixed Vegetables Wheat Bread Apple Sauce
5 Goulash Green Beans Wheat Bread Peaches	6 Oriental Chicken Oriental Blend Vegetables Wheat Bread Oatmeal Raisin Cookie*	7 Kielbasa Cabbage/Carrots Roasted Potatoes Wheat Bread Pears	8 Broccoli and Cheese Strata Roasted Garlic Potatoes Spinach Fruit Cup	9 Tuna Casserole Carrots Wheat Bread Apple Crisp
12 Beef Stew Beets Wheat Bread Yogurt Parfait with Fruit	13 Mother's Day Dinner Chicken Parmesan With Pasta Broccoli Wheat Bread Marble Cake with Topping*	14 Italian Wedding Soup With Meatballs Italian Blend Vegetables Wheat Bread Mandarin Oranges	15 Ham & Cabbage Sweet Potatoes Wheat Bread Chocolate Chip Cookie*	16 Chicken Bacon Ranch Casserole Mixed Vegetables Wheat Bread Vanilla Pudding*
19 Beef Hot Dog Carrots Cowboy Baked Beans Hot Dog Roll Apple Sauce	20 Sliced Pork with Gravy over Rice California Blend Vegetables Wheat Bread Fresh Apple	21 Spinach with Cheese Strata Oven Brown Potatoes Seasoned Greens Blueberry Muffin	22 Sweet n Sour Meatballs Brown Rice Waxed Beans Wheat Bread Peaches	23 Oven Baked Fish Scalloped Potatoes Capri Blen Vegetables Wheat Bread Pineapple Tidbits
26 CLOSED 	27 BBQ Chicken Tater Tots Peas & Carrots Wheat Bread Fruit Mix	28 Spaghetti and Meatballs Green Beans Wheat Bread Chocolate Pudding*	29 Chicken Patty Mashed Potatoes Spring Mix Vegetables Hamburg Roll Cinnamon Apples	30 Turkey Divan Brown Rice Beets Wheat Bread Peaches

