



## **Oneida County Civil Service**

### **Physical Fitness Screening Test and Medical Evaluation Policy** (Deputy Sheriff Patrol, Police Officer, and Correction Officer)

*New York State Civil Service Law, Article IV, Title A, Section 50, Subsection 6 (Scope of Examination) and Section 58 (Requirements for Provisional or Permanent Appointment of Certain Police Officers).*

New York State Civil Service and the Division of Criminal Justice Services require all Deputy Sheriff Patrol and Police Officer candidates to pass five (5) components to be eligible for appointment. These components are the civil service examination, physical fitness screening test, background investigation, medical evaluation, and psychological evaluation.

Oneida County Civil Service and the Oneida County Sheriff's Office require all Correction Officer candidates to pass four (4) components to be eligible for appointment. These components are the civil service examination, background investigation, medical evaluation, and a written psychological evaluation.

#### **Physical Fitness Screening Test**

Deputy Sheriff Patrol and Police Officer candidates have two (2) opportunities to successfully complete the Physical Fitness Screening Test, which is graded on a pass/fail basis.

The Physical Fitness Screening Test will be scheduled by Oneida County Civil Service as necessary. This test cannot be rescheduled except under conditions outlined in the Oneida County Alternate Test Date Policy.

Candidates who do not appear for a scheduled test date will be considered to have forfeited that opportunity.

To participate in the Physical Fitness Screening Test, candidates must present a signed Doctor's Statement—provided by Oneida County Civil Service—confirming they are physically capable of participating. Candidates must bring the original Doctor's Statement, with an original signature, to the test. The Doctor's Statement is valid for six (6) months from the date of signing.

Physical Fitness Screening Test results remain valid for the duration of the eligible list. Candidates who do not pass the test will be ineligible for appointment.

Oneida County Civil Service will accept valid physical fitness screening test results from other accredited civil service agencies, provided the following conditions are met:

1. The candidate has not previously failed the physical fitness screening test administered by Oneida County Civil Service; **and**
2. The candidate did not fail to appear for a scheduled physical fitness screening test administered by Oneida County Civil Service without valid justification.

Candidates seeking consideration under this provision must submit official documentation of their passing test results, including the testing agency's name, date of the exam, and confirmation that the testing standards meet or exceed those used by Oneida County Civil Service. Approval is subject to review and verification.

#### **Medical Evaluation**

If a candidate passes all required tests and is selected by the appointing authority, they will then be scheduled for a medical evaluation. This evaluation will be conducted by a medical provider or physician chosen by the Oneida County Commissioner of Personnel, with the cost covered by the appointing authority. Correction Officer candidates will not undergo a color perception test. Results of the medical evaluation are pass/fail, and the evaluation is valid for twelve (12) months, excluding drug screening.

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If the candidate's pure tone screening test is deemed unacceptable, such candidate may, at their own expense, have an audiological examination administered by a NYS licensed audiologist, including: (i) hearing sensitivity; (ii) speech discrimination in quiet; and (iii) speech discrimination in noise. Testing should be performed in a sound treated environment meeting the 1969 ANSI or any subsequent standard. The CID W-22-word lists should be presented at 50 DB HL via a calibrated speech audiometer through a single speaker stationed at 0 degrees azimuth with the candidate seated at approximately 1 meter (39 inches) from the speaker. Speech (hearing) discrimination testing in a background of broad-band noise should be conducted in the same sound field environment. Again, using a different version of one of the CID W-22-word lists presented at 50 DB HL, a competing noise should be simultaneously presented at 40 DB HL (S/N = +10) through the same speaker (0 degrees azimuth) as the test words or through a separate speaker located at 180 degrees azimuth. The minimal acceptable standard of speech (hearing) discrimination shall be a score no poorer than 90% in quiet and 70% in noise on two of the pre-recorded versions of the CID W-22-word lists. An open-test response format should be utilized with the candidate responding in writing. Hearing Aid Check -- Biological (HAC-B): Use of hearing aids to achieve such standards are permitted if they are self-contained and fit within (auricular) or behind or over (post-auricular) the ear.

Hearing Aid Check -- Acoustical (HAC-A): Candidates with hearing aids shall, at their own expense, provide evidence from a licensed audiologist, using functional gain or real ear measurements, that such aid(s) meet the stipulated manufacturer's standards.

**Medical evaluation results are NOT accepted by any other source.**

### **Deputy Sheriff Patrol and Police Officer**

As per the Municipal Police Training Council's amendments to the Medical and Physical Fitness Standards and Procedures for Police Officer Candidates (adopted January 16, 2003) and implemented by New York State Civil Service on April 23, 2003, Oneida County Civil Service began using these standards on June 1, 2003.

According to the Division of Criminal Justice Services' Medical and Physical Fitness Standards and Procedures for Police Officer Candidates, these standards evaluate the candidate's physiological capacity to learn and perform essential job functions, though they may not directly represent specific job tasks of an entry-level deputy sheriff patrol or police officer.

To qualify for employment as an entry-level deputy sheriff patrol or police officer, candidates must score at or above the 40th percentile for each element of the test battery. If a candidate does not achieve at least the 40th percentile on each element, they will not be considered to have successfully completed the physical fitness screening test.

Nothing herein shall preclude an administrator of such screening test from substituting an element of the test battery, which such an administrator has determined and validated to accurately assess the candidate's physiological capacity to learn and perform essential job functions.

**The 1.5-mile run will be administered only to individuals who have successfully completed the other two elements of the test battery (Sit-up and Push-up).**

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**Municipal Police Training Council – 40%**

GENDER/AGE	SIT-UP	PUSH-UP	1.5 MILE RUN
MALE			
20-29	38	29	12:38
30-39	35	24	12:58
40-49	29	18	13:50
50-59	24	13	15:06
60+	19	10	16:46
FEMALE			
20-29	32	15	14:50
30-39	25	11	15:43
40-49	20	9	16:31
50-59	14	-	18:18
60+	6	-	20:16

Adopted: 04/1998  
Revised: 06/2003, 01/2005, 03/2019, 11/2024, 05/2025