

Civil Division: New Hartford Central School District
Jurisdictional Class: Competitive
EEO Category: Professional
Revised: 03/19/2018

ATHLETIC TRAINER

DISTINGUISHING FEATURES OF THE CLASS: The work involves responsibility for the application of principles, methods and procedures for managing athletic injuries/illnesses, which shall include the preconditioning, conditioning and reconditioning of an individual who has suffered an athletic injury through the use of appropriate preventative and supportive devices, under the supervision of a physician, in accordance with Section 8532 of New York State Education Law. Work is performed under the direction of the Director of Athletics, Health, and Safe Schools with leeway provided for the exercise of independent judgement. Supervision is not a function of this class. Does related work as required.

TYPICAL WORK ACTIVITIES: (Illustrative Only)

Renders first aide, including cardiopulmonary resuscitation (CPR), cleaning and bandaging of wounds, applying heat or cold to promote healing;
Maintains and administers prescribed rehabilitation and treatment;
Oversees the training room;
Provides instruction to coaches and athletes regarding prevention of athletic injuries;
Administers preventative taping, bandaging, and wrapping;
Assists in the coordination of medical examination for student athletes;
Maintains fully supplied first aid kits for all teams;
Advises the Director of Athletics, Health, and Safe Schools as to the safety condition of athletic equipment and facilities;
Maintains up-to-date records of injuries, treatment, referrals and other related data regarding athletic injuries;
Assists coaches with conditioning, weight training and injury prevention programs;
Applies, fits and adjusts protective equipment and instructs coaches and athletes as to the methods of same;
Recommends to student athletes how to relieve soreness, strains and bruises;
Prepares student accident reports.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Thorough knowledge of sports medicine; thorough knowledge of Advanced First Aid; good knowledge of the operation and maintenance of the athletic health care equipment used; skill in the application of athletic health care techniques; ability to evaluate, plan and coordinate the appropriate care of injured athletes; ability to communicate effectively with others; ability to motivate and encourage the injured athlete during reconditioning; ability to get along with others; ability to keep accurate records and prepare reports as necessary; ability to respond positively to distressing human situations; willingness to be exposed to disagreeable conditions such as offensive sights, odors, blood, etc.; good judgement; dependability; courtesy; tact; physical condition commensurate with the demands of the position.

MINIMUM QUALIFICATION: Certification as an Athletic Trainer in accordance with article 162 of the New York State Education Law.

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Adopted: 02/13/2018
Revised: 03/19/2018