

Jurisdictional Class: Competitive
EEO Category: Professionals
Revised: 01/09/2025

NURSE PRACTITIONER

DISTINGUISHING FEATURES OF THE CLASS: A Nurse Practitioner is a registered professional nurse with advanced academic and clinical experience, enabling them to diagnose and manage most common and many chronic illnesses. Nurse Practitioners collaborate with other healthcare professionals, including nurses, doctors, therapists, and counselors. Their practice may involve diagnosing illnesses and physical conditions, as well as performing therapeutic and corrective measures within a specialty area, in collaboration with a licensed physician qualified in the relevant specialty. These services must be carried out in accordance with a written practice agreement and written practice protocols. This position may also involve supervising licensed and non-licensed staff. The incumbent performs related duties as required.

TYPICAL WORK ACTIVITIES: (Illustrative Only)

Provides primary and preventive care, conducts comprehensive medical and social history of individuals including those who are healthy and those with acute illnesses and chronic diseases;

Performs physical examinations;

Diagnoses and treats health problems;

Orders and interprets laboratory tests and x-rays;

Prescribes medications and other treatments;

Performs case management and coordination of care;

Provides information, instruction, and counseling on health maintenance, health promotion, social problems, illness prevention, illness management, and medication use;

Initiates and participates in research studies and projects;

Teaches groups of clients about health-related topics;

Provides outreach and professional health education services in the community;

Participates in development of pertinent health education materials;

Participates in development of clinical practice guidelines;

Initiates and maintains follow-up of non-compliant patients;

Corresponds with insurers, employers, government agencies, and other health care providers about established clients as necessary;

Assesses social/economic factors for each client, and tailors care to those factors;

Manages care of clients in a way that balances quality and cost;

Maintains familiarity with community resources and connects clients with appropriate resources;

Supervises and teaches licensed and non-licensed health care workers;

May supervise the operation of one or more D&T Center programs;

Participates in community programs and health fairs, school programs, and workplace programs.

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FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS: Thorough knowledge of nursing principles and techniques and their relation to medical practice; thorough knowledge of the theory and practice of preventive and public health care inclusive of those skills required to develop and implement a plan of primary health care to meet patient needs; thorough knowledge of normal and abnormal signs and symptoms relating to physical and emotional health; thorough knowledge of nurse practitioner skills; thorough knowledge of medications and drugs, common dosages and their physical and psychological effects; skill in clinical nursing practices and techniques; ability to understand and carry out technical oral and written instructions; ability to perform physical examinations and to assess the physical condition of assigned patients; ability to recognize signs and symptoms associated with changes in the physical and emotional health of patients and the ability to respond appropriately; ability to explain or interpret instructions of a technical and professional nature to patients, families, nursing staff or other personnel; ability to supervise the administration of therapeutic measures prescribed; ability to instruct personnel in the technique and practices of patient care.

MINIMUM QUALIFICATIONS: Current valid license to practice as a Nurse Practitioner in New York State **AND** must be certified to practice in one or more specific specialty area(s)* related to the work performed and/or location of the position.

*Part 64 of the NYS Commissioner of Education's Regulations lists the following as specialty areas: Acute Care, Adult Health, College Health, Community Health, Family Health, Gerontology, Holistic Care, Neonatology, Obstetrics/Gynecology, Oncology, Pediatrics, Palliative Care, Perinatology, Psychiatry, School Health, and Women's Health.

SPECIAL REQUIREMENT: Certain assignments made to employees in this class will require access to transportation to meet field work requirements in a timely and efficient manner.

Adopted: 02/23/1993

Revised: 10/04/1996, 07/09/2002, 11/19/2003, 08/08/2011, 01/09/2025